

ULTIMATE SUPER MEMORY & HIGH PRODUCTIVITY COACHING PROGRAM

DURATION:

12 Weeks (Four 90-min sessions per month)

WHO CAN ATTEND?

Professionals, Leaders & Business owners

SPECIAL BENEFITS

- Recording of all coaching sessions.
- Action oriented Ultimate Result System.
- On demand WhatsApp Support



ASHISH BOBADE
AUTHOR | SPEAKER | COACH

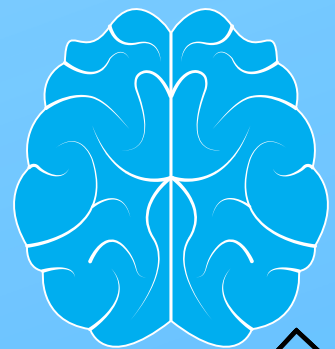
1 ART OF CONCENTRATION

Everyone tells us focus and concentrate, but no one tells us how? Learn the exact step by step process to develop Super Concentration which is used by Monks during Meditation.



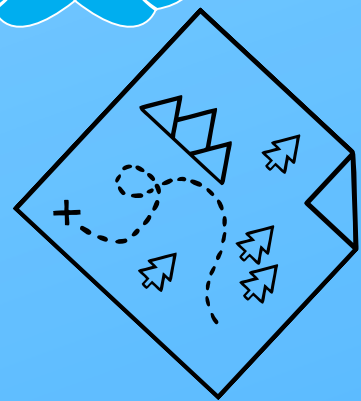
2 MEMORY TECHNIQUES

Everyone of us have Super Memory we just don't know how to use. We will teach you techniques which world memory champions use. Using memory techniques memorizing study content is FUN.



3 MIND-MAP TECHNIQUE

Mind mapping is a highly effective way of getting information in and out of your brain.



4 TIME MANAGEMENT

Most of the time when we start any task we get distracted. Learn Time Management technique which will enable you work/study long hours without getting tired.



5 SPEED READING TECHNIQUE

If you follow traditional method of reading that means you are not utilizing your full capabilities of eyes & brain.

Learn techniques which will improve your reading speed upto 3x on regular practice



6 NLP TECHNIQUE

Learn how NLP can help you to manage stress, fear phobia and reach the peak of there performance.



7 GOAL SETTING

Goal setting involves the development of an action plan designed to motivate and guide a person or group toward a goal.

